



## Juniors Development to Seniors at the Club

For those new players who are approaching 13

We have training on Tuesday and Wednesday nights.

On **Tuesday**, the training is **7.00pm -8.30pm** for **all the Ladies Teams and the girls group**.

On **Wednesday**, the training is **7.00pm -8.30pm** for **all the Mens Teams and the boys group**.

If you are not sure about which training to attend feel free to attend juniors and seek support from the coaches as to which training you should be attending. Or attend on a Tuesday/ Wednesday evening and you will be encouraged to attend the best session for you.

We are happy for you to attend both juniors and seniors training and it may happen over the season that the attendance at juniors is reduced due to playing games on Saturdays for the senior teams, should you be ready for it.

### Regulations from England Hockey

*As agreed by the England Hockey Board in March 2011, the policy will remain as it is, with U13s restricted from participating in adult hockey leagues until they reach their 13th birthday, until further notice.'* (Juniors playing in adult leagues, 2016)

Whilst we understand that young people develop physically at different rates, we can be certain that their emotional and psychological state prior to the age of 13 is unlikely to be mature enough to support them adequately in adult competition. Furthermore, it seems sensible to have a concrete age to regulate participation and avoid subjective decisions.

There is provision in the leagues for a development team within an adult league in this instance a player can play at the age of 12 but the team plays without playing for points in the league. This is only applicable to the bottom team in a bottom division.

## Club Representatives



**Lydia Evans**  
Ladies Rep



**Charlie Sorenson**  
Mens Rep

## Senior Captains

### Men



**Simon Donald**  
M1  
2NE



**Andy Baker**  
M2  
4NE



**TBC**  
M3  
5NE(S)

Playing Divisions for each team

### Ladies



**Jersey Bennett**  
L1  
2NW



**Jess Boyle**  
L2  
4NW



**TBC**  
L3  
5NW

Playing Divisions for each team

Each captain is responsible with the support of their coach (as needed) for the selection of their teams.

Attendance at Senior training is the first step towards playing for the Senior teams.